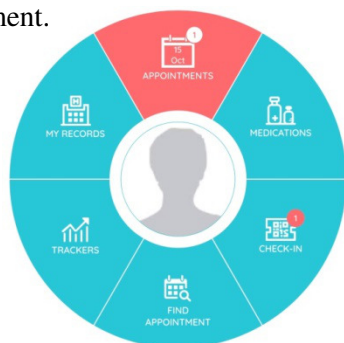


HEALOW TELEVISIT INSTRUCTIONS

1. Download the Healow App to your phone. The app is available on both Apple and Google Play Stores.
2. Log in using Practice Code **3016451781**. This code is unique to Waldorf Pediatrics and will connect you to our practice only. Enter your patient portal credentials. If you do not know your log-in information, we will be glad to assist you.
3. Follow the required steps until you have accessed the main screen; which should look similar to this:



4. Click the appointments tab, which should be highlighted indicating there is an upcoming appointment.



5. You should then see all of your appointments listed. Your Televisit appointment will have a small camera icon in the bottom right corner. Press on that appointment. The appointment details screen will then open, with a bright orange banner across the bottom that reads: “Start Televisit.” At your appointment time, you will tap that banner. You will be prompted to enter vitals. If you do not know any of the vitals at the time of the appointment, simply press “submit vitals” at the bottom of the screen. Your Televisit will now begin and your provider will receive a notification that you have “arrived” to your appointment. They will join the call momentarily.